



Education Primary Swimming rules

1. Entries

- (a) Each zone may nominate three (3) competitors in each event.
- (b) Entries will be on pre-entry system: ie competitors names must be forwarded on official entry form.

2. Entry to pool

Competitors: \$10.00 paid by zone levy. Zones will be invoiced after the championships.

Spectators: Paid to the venue upon entry to the pool.

3. Limitation of events

There shall be no limitation of events for any competitor. However, competitors should note carefully Rule 16.

4. Sections

The meeting shall be conducted in sections for girls and boys

Age groups:

- (a) Junior 8 years, 9 years & 10 years
- (b) 11 years
- (c) Senior 12 years and 13 years
- (d) All age

A competitor whose significant birthday occurs during the current year is eligible for that age event only.

No competitor shall enter in more than one division except for the All Age events.

5. Marshalling call

All competitors must report to the marshals immediately after their event is called. Team managers are requested to submit changes to official zone entry data, in writing, to the championship conveners.

6. Method of starting

Competitors shall be placed in their lanes and one half pace behind the starting position by the Check Starter.

The procedure will then be:

(a) The start in Freestyle, Breaststroke, Butterfly and Individual Medley races shall be with a dive from the diving platform or the wall or a competitor may start in the water. On the long whistle from the Referee the swimmers shall move to their starting position and remain there. On the starters command they shall immediately take up a starting position with at least one foot at the front of the starting platform or the wall. The position of the hands is not relevant. Students starting in the water must have 2 feet on the wall and 1 hand on the backstroke bar.

When all swimmers are stationary, the Starter shall give the starting signal.

(b) The start in Backstroke races shall be from the water. At the Referee's first long whistle the swimmers shall immediately enter the water. At the Referee's second long whistle the swimmers shall return without undue delay to the starting position. When all swimmers have assumed their starting positions, the Starter shall give the command "Take your Marks". When all swimmers are stationary, the Starter shall give the starting signal.

(c) The start in relay races shall be with a dive from the diving platform or the wall or a competitor may start in the water. In the case of relays: For a swimmer starting in the water, the swimmer's feet must be on the wall when the incoming swimmer's hand touches the wall. The swimmer starting in the water must start on the left of the lane. If swimmer 2 starts in the water, swimmer 1 will not be able to gain an official time.

The SSW Swimming Championships operate under the one-start rule. Any swimmer making a false start shall be disqualified from the race. If a disqualification occurs, the swimmer will be allowed to complete the race and will be notified of the disqualification after the conclusion of the event. If circumstances require the referees or starter to recall swimmers, competitors will be given the opportunity to take their positions at the start again.

7. Finish

Competitors must remain in their lanes at the finish of each event until told to leave the water. After being instructed to leave the water competitors are to return to their zone area.

8. Lane Order

Lanes are in the following order according to entered times: (1st lane 5), (2nd lane 4), (3rd lane 6), (4th lane 3), (5th lane 7), (6th lane 2), (7th lane 8), (8th lane 1), (9th lane 9).

NB: All events are timed finals.

9. Events

Individual medley, 100m freestyle, 50m freestyle, backstroke, butterfly & breaststroke events

In an Individual Medley event, a competitor shall swim butterfly, backstroke, breaststroke and freestyle in that order.

The girls and boys 100m Freestyle events shall swim 2 x 50m freestyle.

The Age Group Events for freestyle, backstroke, butterfly and breaststroke shall swim 50m.

NB: ALL EVENTS ARE TIMED FINALS. The fastest three times from these events will represent the Association at the state championships.

10. Coaching

Once competitors are in the hands of the officials controlling the event they are not to receive any coaching or advice. Penalty: Disqualification

11. Protests

Protests shall be dealt with by the disputes committee comprising of the championship conveners, Association Executive, referee and relevant sectional official. No protest shall be considered unless lodged by the team manager, in writing, within 15 minutes of the conclusion of the event. Photographic or video evidence will only be considered if part of the official equipment of the championship.

12. Out of bounds

The concourse, as well as any other areas designated by the Conveners, inclusive of the indoor and beginners pools, are out of bounds during the championships, except to authorised officials.

All spectators must remain in the outer area of the competition pool.

13. Competitors

All competitors should sit with their zone team. Students disregarding this instruction may be precluded from competition.

14. State swimming championship

Swimmers representing Sydney South West at the NSWPSA Championships, who qualify for the finals of their event/s are required to swim in each final for which they qualify. Failure to do so may result in that child being withdrawn from all other events in which he or she is entered, at the discretion of the NSW Carnival convener.

Travel

No formal travel arrangements will be made. Competitors should travel with parents or arrangements should be made on a school basis.

State carnival information:

Dates

Thursday, 10th April 2025

& Friday, 11th April 2025

Venue

Sydney Olympic Park Aquatic
Centre—Homebush

Travel

No formal travel arrangements will be made. Competitors should travel with parents or arrangements should be made on a school basis.

Team managers

Miss Kirsty Batros (Glenfield PS), Ms Mandy Wells (Teachers Federation), Mrs Gemma Trinder (Revesby South PS), Mr Dean Kellaway (Tahmoor PS),

15. Swimming caps

Competitors must wear their zone swimming caps if they wish to gain points for their zone, unless prior permission is sought from Association conveners (eg medical reason).

16. Program

The Conveners reserve the right to alter the program, order of events and Championship rules if deemed necessary.

Order of events – **ALL EVENTS ARE TIMED FINALS**

Events commence at 8:30am SHARP

17. Swimsuits

The following FINA rule regarding swimsuit regulations should be noted:

Swimsuits worn by competitors shall be non-transparent and conform to the following design:

(i) Men's swimsuits are limited to one (1) suit that covers at most the body surface from hips to knee.

Swimsuits may not extend above the waist or below the knees;

(ii) Women's swimsuits are limited to one (1) suit that is of "open back" and "open shoulder" designs that may extend down to the knee. Swimsuits must not extend below the knees.

(iii) No zippers or other fastening devices are allowed except for a waist tie.

(iv) Swimsuits must be of textile material and must not contain any non-textile material such as polyurethane or neoprene.

Swimsuits that include material covering the head, shoulders arms and/or below the knee, worn to conform to religious beliefs, need to be approved for competition by the Conveners of the Championships prior to the start of competition.
